MUSIC & MEMORY PROGRAM

Reconnecting seniors with the world through music-triggered memories can vastly improve quality of life regardless of their cognitive or physical status. It is especially powerful for those with Alzheimer's disease. Music can restore the sense of self often lost when memory fails. Personalized music may relieve boredom, empower choice, enable memory and provide avenues for communication with loved ones and caregivers.

How to Participate:



- 1. Submit a *Playlist Questionnaire* to the Library's Information Services Desk, or through our website at **www.lindenhurstlibrary.org.**
- 2. In about a week, we will call you when an iPod Shuffle is ready for you to pickup. You'll receive a flexible loan period, free of fees or fines. Keep it as long as you choose!
- 3. We can add and subtract songs periodically, according to the iPod user's preference. Please email us at **engage@lindenhurstlibrary.org** if you need technical assistance or would like for us to update your device.



For more information about the Music & Memory Project, visit: www.musicandmemory.org





DATE SUBMITED: STAFF INITIALS:

Playlist Questionnaire

iPod User's Name:			
		iPod User's Favorite Music (Circle all that apply)	Favorite Eras (Circle all that apply)
		 BLUES JAZZ OPERA MUSICALS/SHOW TUNES CLASSICAL 	30s 40s 50s 60s 70s 80s 90s
		 CLASSICAL LATINO BIG BANDS COUNTRY/WESTERN ROCK&ROLL 	OTHER Favorite Performers/Musicians
		R&BOTHER:	