

CHICKEN BREAST WITH SUN DRIED TOMATO CREAM SAUCE WITH FRESH BASIL

By: Simply Creative Chef Rob Scott

INGREDIENTS:

2 chicken breasts, boneless 5 tablespoons extra virgin olive oil Kosher salt Black pepper 2 cloves fresh garlic, chopped 12 sundried tomatoes, chopped

34 cup heavy cream

¼ cup freshly grated parmesan cheese

34 cup tomato sauce

½ cup fresh basil

YIELDS 2 SERVINGS

- Take 2 chicken breasts, slice thin, and pound out with a meat mallet set aside
- Place skillet on medium-high heat
- Add 3 tablespoons olive oil
- When oil is hot, add chicken breasts to the pan and season with salt and pepper do not overcrowd the pan, you can do this in batches
- · Sear on both sies, approximately 2 minutes per side
- Place in a preheated 325 degrees F oven until the chicken reaches 165 degrees F, just a few minutes
- Set aside
- To make the sauce: add 2 tablespoons olive oil and chopped garlic to a skillet over medium-high heat until the garlic is golden, not burned
- Add sundried tomatoes, heavy cream, tomato sauce, and freshly grated parmesan cheese
- Reduce for about 4 minutes until sauce thickens
- Spoon sauce over chicken breast, pasta or ravioli



GREEK PORK CHOPS WITH TOMATOES, FETA, & POTATOES

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INGREDIENTS:

11 pound Yukon Gold potatoes, cut into 1-inch cubes

5 tablespoons extra-virgin olive oil

Kosher salt and freshly ground pepper

2 boneless pork chops (3/4 inch thick – about 3/4 pounds)

1 teaspoon dried oregano

1 ½ cups halved cherry tomatoes

2 cloves garlic, thinly sliced ¼ cup dry white wine 12 pitted kalamata olives, halved ¼ teaspoon sugar 1/3 cup crumbled feta cheese ¼ cup chopped fresh dill

YIELDS 2 SERVINGS

- Put a baking sheet in the oven and preheat to 475 degrees F
- Toss the potatoes with 2 tablespoon olive oil, ½ teaspoon salt, and a few grinds of pepper
- Spread out on the hot baking sheet and roast, flipping halfway through, until browned and tender, about 25 minutes
- Rub the pork with ¾ teaspoon oregano and season with salt and pepper
- Heat 2 tablespoons olive oil in a large skillet over medium-high heat
- · Add the pork and cook until just cooked through, 2-3 minutes per side
- · Remove to a large plate
- Add the tomatoes, garlic, and remaining ¼ teaspoon oregano to the skillet
- · Cook, stirring, until the tomatoes soften, about 2 minutes
- Add the wine and cook until mostly dry, 1-2 minutes
- Add ¼ cup water and cook, lightly crushing the tomatoes, until slightly thicken 1-2 minutes
- · Stir in the olives, sugar, and any juices from the plate of pork
- Season with salt and pepper
- · When the potatoes are done, sprinkle with the feta and dill then gently toss
- Divide the potatoes and pork among plates
- Spoon the tomato sauce over the pork and drizzle with the remaining 1 tablespoon olive oil



PUMPKIN PIE MUFFINS IN CINNAMON SUGAR

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INGREDIENTS:

1 cup all-purpose flour

½ teaspoon baking powder

¼ teaspoon baking soda

½ teaspoon ground cinnamon

34 teaspoon ground nutmeg

½ teaspoon ground ginger

14 teaspoon ground cloves

1/4 teaspoon salt

¼ cup unsalted butter, melted

½ cup baked granulated sugar

¼ cup packed brown sugar

2 tablespoons milk

¼ cup packed brown sugar

2 tablespoons milk

34 cups canned pumpkin puree

1 large egg

1 teaspoon vanilla extract

Cinnamon sugar coating:

2 tablespoons sugar

2 teaspoon ground cinnamon

3 tablespoons unsalted butter, melted

YIELDS 6 MUFFINS

- Preheat oven to 350 degrees F and prepare a muffin pan with liners
- In a medium bowl, combine flour, baking powder, baking soda, spices, and salt-set aside
- In a large bowl, combine the melted butter and sugars whisk to combine
- · Add the milk and whisk together to combine
- Add the pumpkin puree, eggs, and vanilla extract and whisk until well combined
- · Add the dry ingredients to the wet ingredients and whisk together just until combined
- Fill the muffin liners about ¾ full
- Bake in preheated oven for 18-24 minutes (the time will vary depending on your oven and how full your muffin liners are)
- · Remove muffins from the oven and allow to cool
- To coat the muffins with cinnamon and sugar, combine the sugar and ground cinnamon in a small bowl
- Brush the tops of the muffins with the melted butter, then turn the muffin upside down and dip into the cinnamon sugar to coat
- Store muffins in an airtight container at room temperature up to 3 days



PUMPKIN SOUP WITH CRAN-APPLE CHILI RELISH

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YIELDS 6 SERVINGS

INGREDIENTS:

SOUP

1 tbsp with extra virgin olive oil

2 tbsp butter

1 bay leaf

2 celery stalks with greens, finely chopped

1 medium yellow onion

Salt and pepper

3 tbsp flour

2 tsp poultry seasoning

1 tsp hot sauce

6 cups chicken broth

1 28 oz. can pumpkin

2 cups heavy cream

½ tsp nutmeg

- Heat a medium soup pot over medium high heat
- Add oil and butter
- · Add bay leaf, celery and onion
- Season with salt and pepper
- Cook 6 minutes, until tender
- Add flour, poultry seasoning, hot sauce to taste
- Whisk in pumpkin to incorporate in the broth
- Simmer soup 10 minutes to thicken a bit
- · Add in cream and nutmeg
- Reduce heat to low and keep warm until ready to serve

PUMPKIN SOUP WITH CRAN-APPLE CHILI RELISH continued

INGREDIENTS:

RELISH

1 crisp apple, finely chopped
¼ red onion, finely chopped
2 tbsp lemon juice
2 t½ cup dried cranberries, chopped

½ tsp chili powder2 tsp honey½ tsp cinnamon

- Combine apple, onion, lemon juice, cranberries, chili powder, honey and cinnamon
- · Serve in soup bowls
- Top evenly with relish